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**Strawberry Mango Spinach Salad**

* Spinach 4 cups
* 1 pint of strawberry clean and sliced
* 1 mango
* Lemon Mustard dressing

**Lemon Mustard Seed Dressing:**

* 1 juice of Lemon
* 1/4 cup of apple vinegar
* 1/2 cup of vegetable oil
* 1/8 water
* 1 tablespoon of Dijon mustard
* 1 tablespoon of honey
* 1/8 teaspoon salt
* 1/8 teaspoon pepper

1. Mix all the dressing the ingredients together
2. Mix the salad ingredients and toss with dressing reserve some for later use

http://www.superexhausted.com/2014/04/strawberry-spinach-salad/